

At the end of this big effort to sail around the world singlehanded, it will be time to reflect on what I'll miss from

these offshore days when I am back on land.

I'll miss the very clean air of the ocean and how my lungs love it. I'll miss seeing the flying fish whiz here and there trying to escape from our boat that they perceive to be a predator. They fly for 150 yards on their fins — it is amazing! I'll miss the amazing albatross of the south, who glide on their long wings for days, weeks, months, hardly ever flapping their wings, they are the perfect aerodynamic machine. I'll miss the stars of the Southern Hemisphere that we can't see from the north

where I live, because they are different, and they are an adventure.

From this race, I'll especially miss the almost daily communications with fellow competitors. We are all challenged by the sea, we are all doing our best, we are all having highs and lows in our minds and spirits, as well as in our weather systems. My friends of the south especially have helped to sustain me, and, I'd like to think, perhaps I helped to encourage them a little bit too.

I'll also miss the interactions with our sitesALIVE students around the world. I've had the marvelous chance to bring a bit of the ocean to you, 70% of the planet, but unseen and not experienced by so many. These interactions I will miss the most.



By Scott Hamilton President, Dooley-Intermed Foundation Medical Expeditions to Nepal

The end of any great adventure brings a variety of feelings. First there is a sense

of relief that comes from an end to the dangers and deprivations that have been endured. Then comes a sense of accomplishment from having worked so hard and long to achieve a very difficult goal. Rich will soon have circumnavigated the Earth solo nonstop not just once, but twice, an incredible accomplishment!

After being on the ocean, or any wild remote place for a long period of time it can be challenging to readjust to the "normal" world. Things we often take for granted like running water, fresh fruit, television, and a soft bed are much appreciated luxuries. On an expedition your priorities are different, and senses sharpened. You have to constantly innovate, solve problems and adapt. It is always nice to get back to civilization and all the comforts of home, at least for a while.

Then, despite all the hardship and fear, you start to reminisce about the amazing places

you have been, and things you've seen that few people will ever experience. The shared experience of a challenging expedition often brings participants closer together and the friendships forged can be quite deep. While the comforts of home are appealing, to some people a life well lived means a series of great adventures. So, don't be surprised if you see Rich Wilson set sail on yet another epic voy-

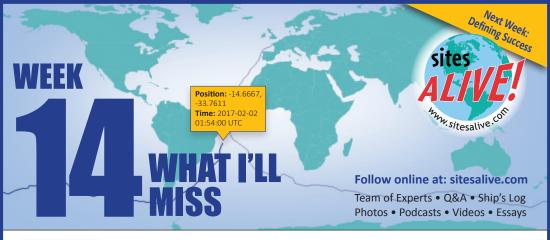


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### NEWS EXPLORER

Find narratives in the newspaper. What do you notice about the kinds of information the reporter included? Write a narrative of some of the exciting events that have occurred so far during *Great American IV's* journey. Write your narratives in one of the newspaper writing styles you have encountered.

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on yet another epic voyage, continuing to inspire people around the world to pursue their own dreams.

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